



- an integral unit of ILA

Team Building | Employee Engagement | Outbound learning





# ABOUT US

**We are an experienced team of Event Management specialists who know how to plan, promote and run an team building event that will achieve your goal. We have customized themes to cater to all your team building and employee engagement needs.**

**Headquartered in Bangalore with accomplished team members and partners working nationwide, we can quickly scale to a wide range of client needs and budgets. We execute all projects big and small with same level of expertise, dedication and passion.**

# TEAM PROFILE

## LEADERSHIP TEAM

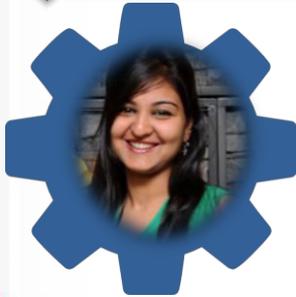


**Kaushik Mahapatra**  
Outbound Learning Expert  
IIM Alumni



**Twinkle Jain**  
Theme based Team  
Building Expert

## SUPPORT STAFF



**Shikha Arora**



**Sushmitha V**



**Manikandan V**



**Divya K**

# OUR OFFERINGS

**Theme Based  
Team Building**

**Leadership  
Workshops**

**Employee  
Engagement**

**Outbound  
Learning**

**Transformational  
Workshops**

**Stress Management  
With NLP**

**Family  
workshops**

**Corporate  
Picnics**





# THEMES



**Innovation and Design thinking**



**Fresher's onboarding**



**Bollywood Masala**



**Pink – Girls get together**



**Corporate Family day**



**Sports and Martial arts**



**Fun and Entertainment**



**Project Adventure**



**Back to school**



**Caribbean flavor**

# TEAM BUILDING ACTIVITIES – COOKALICIOUS



Activity summary: Teams will be given essential cooking supplies (Condiments, Masalas, vessel, kerosene and lighter) and has to hunt for a stove and a vessel stand, around the venue, and cook a dish. The team with the least amount of time taken and best tasting dish wins.



Ameliorate: Increases efficiency, teamwork, team bonding, creativity, strategy, planning, and leadership skills

Space: Outdoor/Indoor

Duration: 30mins

# TEAM BUILDING ACTIVITIES – BUILD YOUR DREAM HOME



Activity summary: Each team will be given props to help build a makeshift dream home at the venue. You also have the choice of hunting for your own props at the venue to give your home a unique look.

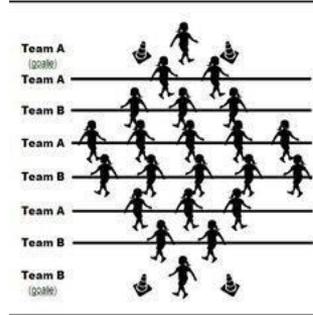


Ameliorate: Develops creativity, teamwork, planning, decision making skills, attention to detail, and 'out of the box thinking'

Space: Outdoor

Duration: 60-90mins

# TEAM BUILDING ACTIVITIES – HUMAN FOOSBALL



Activity summary: A game of foosball where the foosballers are actual humans! Regular foosball rules apply and all required props will be provided to keep players secure in a single location.



Ameliorate: Attention to planning, strategy, communication, teamwork, and execution skills.

Space: Outdoor

Duration: 30-45mins

# TEAM BUILDING ACTIVITIES – MUSIC MANIA



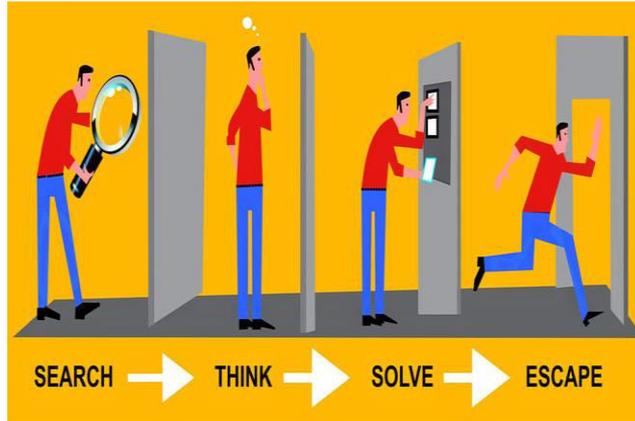
Activity summary: Use drums and a French harp to create rhythms as a team. An instructor will be present to teach you how to use the instruments as well.

Ameliorate: Teamwork and Listening skills

Space: Outdoor/Indoor

Duration: 30mins

# TEAM BUILDING ACTIVITIES – ESCAPE ROOM



Activity summary: Teams is locked in a room with the goal being to escape. Find clues using QR codes and solve the puzzles to find the location of the key to unlock the door and escape!

Ameliorate: Develops one's creativity, teamwork, communication skills, problem solving via lateral thinking

Space: Indoor

Duration: 30-60mins

# TEAM BUILDING ACTIVITIES – HUNTING SPREE



Activity summary: Each team will be given a list of objects/items the they are required to find and/or take a picture of. First team to reach the final destination with all objects and pics wins.



Ameliorate: Team bonding, leadership skills, mutual respect, communication and teamwork

Space: Outdoor/Indoor

Duration: 20-45mins

# TEAM BUILDING ACTIVITIES – 3D GRAPHIC INNOVATION

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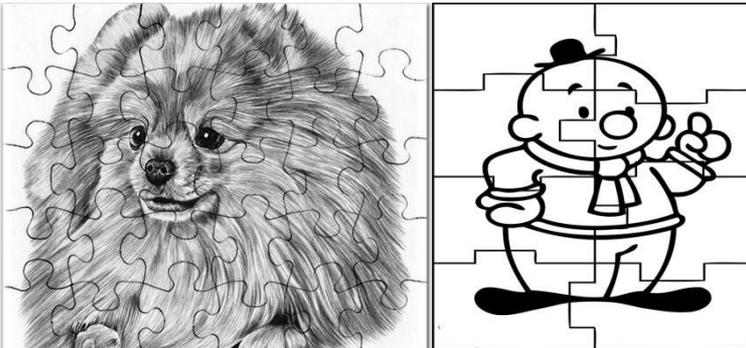


Activity summary: A different part of a 3D picture is given to each team and they are required to draw the full picture by coordinating with other teams to complete the giant puzzle.

Ameliorate: Builds group morale, teamwork, communication, appreciation of individual strength/weakness.

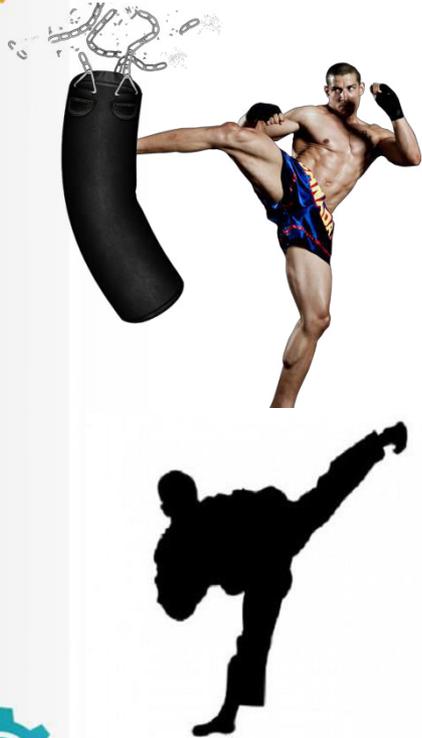
Space: Outdoor/Indoor

Duration: 60-120mins



## TEAM BUILDING ACTIVITIES – KICK THE HEAT

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Activity summary: A learning activity where a professional kick boxer will teach some of his kickboxing and martial arts techniques as a self-defense tool for individuals. Props will also be provided for practice during the session.

Ameliorate: Increases self-confidence, builds strength for a healthier body.

Space: Outdoor/Indoor

Duration: 30mins

## ADDITIONAL ACTIVITIES

- ❖ 5 senses
- ❖ Role plays
- ❖ Perfect Square
- ❖ Build a Plane
- ❖ Pour it
- ❖ Quiz-B
- ❖ Water Gun
- ❖ Blindfold Games
- ❖ Poetry Game
- ❖ Enter the dragon
- ❖ Mini Golf
- ❖ Kite flying



# PROGRAM DETAILS

## ONE DAY PACKAGE

- ❖ 6 Theme based Team Building Activities (2 main & 4 additional)
- ❖ Breakfast, lunch, High tea
- ❖ Outbound learning expert, Emcee, Event coordinator, DJ
- ❖ Resort Facilities include : Pool, waterfalls, Rain dance, Indoor and outdoor games, Adventure Games, Rope activities ( Depending on which Resort you choose)

**Price : 1800 + GST per person**





# RESIDENTIAL PACKAGES

- ❖ Team building + overnight stay (camping tents / cottages)
- ❖ Adventure games like trekking, paintball
- ❖ DJ, Bonfire, Emcee activities ( 2 main & 4 additional)
- ❖ Workshop + Fun + Learning
- ❖ Sight seeing
- ❖ Networking activities

**Price : Starts from 3500 + GST pp**



# CLIENTELE

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paytm



Deutsche Bank



HCL



SIMPLEX  
INFRASTRUCTURES LTD.



airtel



little

amadeus



TATA  
TATA CONSULTANCY SERVICES  
Experience certainty.



mitraz  
Financial Services



The most creative outbound training program in my lifetime. The Poetry game was the highlight of the training program

- Preeti Nanda - Business head – TCS  
Healthcare

The trainers are extremely top class and creative with plenty of experience in people management and L&D. Long live Team up and Indian Leadership Academy.

- Thrilok H VP Deutsche Bank

## Testimonials

They say people take trainings for getting a much needed break and its very hard to get any ROI from trainings. However the team building programs from team up are very exceptional and unique. It is helping my employees to have better team bonding. I strongly recommend these theme based programs to everyone in the industry.

-Ram Raju - Director Brainware

Extremely satisfied with the outbound leadership program which was conducted for all my managers in my unit. The situational leadership techniques and real life examples are proving to be very useful in our day to day work.

- Pankaj S – Service Delivery head – GE  
Hyderabad

# CONTACT US

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