



NLP @ WORK

**BRINGING NEURO-LINGUISTIC PROGRAMMING TO YOUR
WORK PLACE**

 www.nextgenleaders.co.in

**Indian Leadership Academy,
DHI Leadership Center, BG Rd. Bangalore - 76.**

You know what ? Certain people think they will feel good if certain things happen The trick is : you have to feel good for no reason

-Richard Bandler (Co-creator of NLP)



What is NLP?

NLP, or neuro-linguistic programming, is a set of psychological techniques which helps in your Professional and Personal development. It's been very popular since last 50 years and picking up big time.

Warren Buffet, Bill Clinton, Barack Obama, Oprah Winfrey, Andre Agassi and many more have turned to NLP to achieve inspirational results. You can use NLP in your personal life as well as in corporate world to be a more effective team member, an effective team leader or a manager. Ultimately these techniques help you to grow both personally and at work.

**DO
YOU
FEEL
LIKE
YOU**



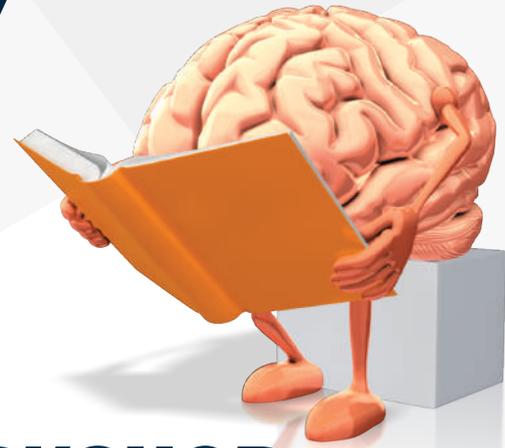
**ARE
RUNNING
TWO
LIVES
?**



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We are what we repeatedly do. Excellence, then, is not an act, but a habit.

-Aristotle



ONE DAY NLP WORKSHOP (NLP @ WORK)

Certificate of excellence from: Indian Leadership academy

Benefits:

- Get introduced to NLP and know more about what people have achieved through NLP
- Become a **highly productive worker** and **powerful communicator** through NLP techniques
- Become **highly skilled** at reading body language, verbal/ non-verbal communication
- Increase your sensory awareness
- Master your mind and emotional states
- Empower and **motivate** yourself and others
- Develop great **rapport** and strong **relationships at work**
- Change unwanted behaviors in yourself.
- Learn how to easily **resolve conflicts** at workplace.
- Plan effectively and execute with **confidence**
- Understanding of own and others' **working behaviours** for **maximum growth** of organization, and yourself
- Learn quick NLP techniques (5-10 mins each day) for consistent **Professional growth**
- Learn to **love your work** and LOVE YOURSELF!



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*Sometimes people say, 'One day you are going to look back at this and laugh.'
My question is: Why wait?*

-Richard Bandler (Co-creator of NLP)



WORKSHOP CONTENT

- NLP - Introduction
- The History and Background of NLP

NEURO:

- Universal modeling Processes
- Modalities - The Power of 5 senses
- Use all your senses to 'read' people with precision (micro expressions and mind reading)

LINGUISTIC:

- Linguistic skills
- Internal and External awareness
- Examining internal feelings
- Communication Strategies - Learn communication techniques
- Discover how to establish deep rapport within minutes
- Uncover what people are really saying
- Convey information in an easy to understand format
- Use language to generate more cooperation from colleagues

PROGRAMMING:

- Patterns
- Positive intention
- NLP Technique : Anchoring
(A useful tool to establish a desired positive mental process)
- Eliminate negative emotions and limiting decisions
- Release yourself from fear caused by traumas and phobias
- Understanding negative emotions
- NLP Technique (Swish : Dealing with negative thoughts)



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"Human beings have a peculiar trait; if they find something they do doesn't work, they do it again!"



NLP @ WORK

- Banish procrastination and become more productive
- How to build a great Rapport with your colleagues and superiors.
- NLP Technique: Circle of excellence (This technique is used to quickly achieve resourceful states, such as confidence before giving a presentation)
- NLP Technique : Time Line Coaching technique (for strategic and realistic planning)

NLP META PROGRAMS @ WORK:

- Understand motivation patterns to allocate suitable tasks.
- Understand work styles of colleagues and superiors to adapt better.
- Understand mind-set of others to work and communicate better.
- Develop empathy for better work relationship- make your workspace comfortable.
- Work out your burnout using NLP- work as role or identity?
- Bring back the inner child in you- learn to enjoy your work
- Case study discussion

What makes Indian Leadership Academy unique?

- Indian Leadership Academy carries training experience of more than 7 years, with more than 4700 hours of training and transforming. We have conducted several workshops for employees, team leaders, managers, and senior management.
- We cater to all personalized training requirements for you and your organization. Our trainings are more productive, as we use multiple innovative training tools and learning resources.



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"If what you're doing isn't working, do something different."

NLP @ WORK

In short, what NLP @ Work does to your workplace?



Fosters Greater
Empathy and
Compassion



Improves
Attention and
Cognition



Builds Stronger
Relationships



Enhances
Leadership and
Teamwork

Testimonials from our happy clients:

The complete event was very much structured making sure we all are involved in the activities. Nice experience to learn glimpse of NLP and meet such a wonderful participants as well.

- Rakesh, Manager

It is a wonderful workshop. Thank you for all your lovely words, Inspiration and wishes. I will make sure I prove you guys right. Thank you once again!!!

- Harsh Jain, Entrepreneur

The program was superb. I loved the NLP session. The trainer was super and humble person. I learnt a lot. Thanks for giving us this opportunities.

- Trishla Jain, Chartered Accountant



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The brain can be developed just the same as the muscles can be developed, if one will only take the pains to train the mind to think. -Thomas A. Edison



Testimonials from our happy clients:

"The trainers are extremely top class and creative with plenty of experience in people management and L&D and we have been blessed to have found one such training company in India. We have recommended ILA training to all our business partners. Long live Indian Leadership Academy."

-Thrilok H VP Deutsche Bank

About the Trainer:

Kaushik Mahapatra is one of the leading NLP Master Practitioners & most dynamic leadership trainers and motivational speaker in India.



People call him India's nextgen leadership trainer / coach. He has a completely different training and public speaking style. Uses humor, Arts, music, storytelling and many other fun based approaches in training and public speaking.

IIM Lucknow Alumni with 20 Years of experience with- HP, GE and Wipro. Worked in India, US, UK, Australia. Certified NLP Practitioner, PMI ACP, Six sigma, CSPO, CSM. Rich experience in Training, Coaching, L&D, IT Delivery, Sales and operations. His work on Leadership development for youth has been exceptional.

His Specialized Training offerings :

NLP, Leadership essentials for Managers, Train the trainer, Effective presentation skills, Listening skills, Design thinking, Agile, Six Sigma, Corporate Strategy, Team building, Young Entrepreneur, Family workshops, leadership development programs for youth.

www.kaushikmahapatra.com



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*Wisdom comes from experience, but experience is not enough.
Experience anticipated and experience revisited is
the true source of wisdom.*

-John Grinder (Co-creator of NLP)

Reach us



INDIAN LEADERSHIP ACADEMY - OFFERINGS:

- Train The Trainer Certification Programs
- NLP Workshops
(Introductory, Practitioner & Master Practitioner)
- NextGen Leaders - Students (9 - 18 years)
- Theme Based Team Building
- Corporate Workshops

CONTACT US:



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**PLEASE CONTACT US FOR QUOTES
&
PROGRAM REQUIREMENTS**

PAYMENT DETAILS

ACCOUNT NAME :

**INDIAN LEADERSHIP ACADEMY (OPC)
PRIVATE LIMITED**

A/c No. : 3212047306

BANK NAME : KOTAK MAHINDRA

**LOCATION :
KORAMANGALA, BANGALORE**

TYPE : CURRENT ACCOUNT

IFSC CODE : KKBK0008073



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